

GREAT BRIDGE SWIM AND RACQUET CLUB

RULES

Updated 7/30/10

Mailing address: Post Office Box 15371 Chesapeake, VA 23328

Location: 1200 Back Road, Chesapeake, VA

757-482-4494

www.gbsrc.org

1) Intent. The Board of Directors has adopted the following rules and regulations to ensure safety, to protect property and to ensure sanitary facilities. Members are responsible for the conduct of their children and guests and are required to advise their children, guests and other members of infractions of these Rules or of our Bylaws. Violations of these Rules or Bylaws may subject offenders to disciplinary action by the Management and the Board of Directors.

2) Club Hours.

- a) Pool Season. Opens on the Saturday of Memorial Day weekend and closes end of business Labor Day. Season may be extended through September, weather permitting, at the discretion of the Board of Directors.
- b) Special events, inclement weather, equipment malfunctions and unsanitary conditions may force the Management or the Board to adjust the hours of pool operation. The Management shall post notices of changes in hours of operation on the gate of the pool entrance and on the club's website, www.gbsrc.org ..
- c) Tennis hours: year round, 24/7.

3) Guests

- a) Upon payment of specified fees and completion of a guest information form, a non-member shall be admitted as a guest as follows:
 - i) Non-members under the age of 21 shall be permitted to use the facilities without limitation.
 - ii) Non-members over the age of 21 shall be permitted to use the facilities 5 times in a calendar year.
 - iii) Spouses of an "Individual" member or out-of-town guests are not subject to limited visits per calendar year. Individual members without a spouse may submit the name of a "significant other" with their annual dues and request that the named individual be treated as a visiting "spouse" for the year. An admitted guest is entitled to use both the pool and tennis facilities for one day.
- b) A maximum of nine (9) guests allowed per membership on any given day. Any group of ten (10) or more guests will be considered a "Private Party", (pursuant to Paragraph 9 of the GBSRC Rules.)
- c) Guest fees are nonrefundable and are the same for pool and tennis use:
 - i) \$5 per person per day
 - ii) \$7 per person per day on holidays
 - iii) Children under the age of three free
 - iv) \$25.00 per family per week for out-of-town residents.
- d) Non-members or guests attending special events, e.g., lessons, league play, organized play or socials, must pay a fee that is higher than the fee established for members. The higher fee shall be in lieu of the guest fee; it shall be no less than amount of the guest fee. The host or hostess of the event shall set the higher fee.
- e) Members may obtain guest passes for out-of-town guests on a daily per person or a weekly per family basis from the Club Management or the Board. An out-of-town guest is a person without a mailing address in Chesapeake, Norfolk, Portsmouth, Suffolk or Virginia Beach.
- f) Waivers of this Rule for the purposes of completing a team for league play may be granted by the Board provided
 - i) the team has used all means to find a member that will complete the team
 - ii) submits to the Club's Post Office Box a non-refundable check for appropriate fees, and
 - iii) submits to the Club's Post Office Box a written statement that explains the reason for the waiver request, the duration of the waiver and the steps taken to find a member to complete the team.
- g) Members must accompany their guests and are responsible for their guests' conduct.
- h) Members must ensure guests' fees are paid on entry.
- i) Members with children may designate one childcare provider responsible for supervision during parent's absence. The Club will waive fees and limits for this individual with written notice by the member and subject to Board approval.

4) Lessons.

- a) The use of the Club facilities for lessons is permitted only when scheduled by the Board of Directors or its designee. Members may not arrange for private lessons from unapproved sources on Club property.
- b) Fees for lessons must be paid in advance and are not refundable.
- c) Non-members must leave club property upon completion of a lesson.
- d) Swim lesson fees. Payment for lessons shall be made to the GBSRC. Non-member guest fees shall be waived for the duration of the lesson.
 - i) Lesson duration and span will be determined by the Board of Directors or its designee, but generally a group lesson will span a two-week period of 45 minutes on Monday through Thursday, weather permitting; and a private lesson will span thirty minutes.
 - ii) Fees shall be established annually by the Board.
- e) Tennis lesson fees. Lesson costs shall be determined by the Club Tennis Pro and payable to GBSRC by check only. Non-members' fees will be determined by the Tennis Pro, but will be greater than that for members. The greater amount will be paid to the Club in lieu of non-member guest fees and shall not be less than \$5 more than the member fee.

5) General Regulations.

- a) All persons using the Club facilities do so at their own risk. The Club will not be responsible for any accident or injury in connections with such use.
- b) All members and guests visiting the pool are required to register at the pool entrance.
- c) All members and guests visiting the tennis area are required to register as noted at the tennis shelter or courts.
- d) Members and their guests must act in a manner that preserves Club property.
- e) Members responsible for damage, including damage by their guests, shall be charged for the damage and may also be subject to a fine imposed by the Board of Directors.
- f) Verbal abuse is prohibited.
- g) A person 15 years of age or older must accompany children under 8 years old at all times.
- h) The Manager on duty shall maintain order and safe and sanitary conditions of Club at all times and is authorized by the Board to deal with infractions of the Club's Rules.
- i) The Club facilities may be closed at any time by the Manager due to inclement weather, equipment malfunction or unsanitary conditions.
- j) Personal property will not be stored overnight on the club premises.
- k) Storage of food or beverages in the clubhouse is not permitted.
- l) The Club shall not be responsible for loss, theft or damage to personal property. Lost and unclaimed items will be donated to charity at the Manager's discretion.
- m) No pet is permitted on the Club premises.
- n) Proposed changes to the rules must be submitted to the Board in writing.
- o) Trespassers will be prosecuted. Minors on Club premise after city curfew without legal guardian may be charged with trespassing.

6) Pool Regulations.

- a) Use of swimming pool and wading pool is limited to members of the GBSRC and their guests.
- b) Swimming permitted only when authorized lifeguard is on duty.
- c) All persons must shower before entering the pool.
- d) Swimmers must wear suitable bathing attire. The only allowable diapers are those designated as swim diapers. Swim diapers must be covered by a swimming suit.
- f) Dive in only in designated areas.
- g) Follow all posted diving board and slide rules.
- h) No back dives, splash dives or somersaults from the side of the pool.
- i) No running, pushing, wrestling or other horseplay allowed on the pool deck or in the locker rooms.
- j) No profanity is allowed on the premises.
- k) Do not hang on the ropes, ladders or water pipe.
- l) Anyone wearing a life jacket must be within arms' reach of a supervising adult in the water. Lifejackets must be USCG approved.
- m) Glass containers and gum are not allowed in the pool area or in the locker rooms.
- n) Drinks and food may be consumed around the pool provided they are in non-breakable containers.
- o) Members and guest shall preserve the cleanliness of the club by cleaning up after themselves.
- p) Persons with communicable diseases are prohibited from entering the pool.
- q) Members shall act to prevent defecation from closing the pool to all swimmers.
- r) Playpens are not permitted on the paved area around the pool.

- s) Children over the age of five are prohibited from the wading pool unless they are 12 or older and providing supervision. Only Soft-Non Rigid Toys will be allowed in the wading pool.
- t) Areas of the pool, the diving board or the slide may be opened or closed at any time at the lifeguard's discretion.
- u) Lifeguards may require any swimmer to take a swim test if they are unable to rapidly exit the diving well.
- v) Smoking is not permitted inside the gated area or in the clubhouse.
- w) For a full copy and explanation of any rules, please see the lifeguard in charge of the pool.
- x) Failure to follow any pool rules may result in suspension or forfeiture of pool privileges.

7) Slide and Diving Board Regulations

- a) Maximum load is on person weighing no more than 300 pounds.
- b) No swimming in the diving well when the diving board or slide is in use.
- c) Only one person at a time is permitted on the diving board, slide and ladder.
- d) Each person must wait until the preceding diver or slider has cleared the area.
- e) Hanging off the end of or swimming under the diving board and slide is prohibited.
- f) Swimwear with exposed zippers, buckles, rivets or other metal ornamentation is not permitted on the slide.
- g) Slide must be ridden feet first lying on your back or in a sitting position. Do not stop on the slide.
- h) Only one bounce is permitted on the diving board except during instructional activity, under the supervision of a diving instructor.
- i) Swimmers must dive straight off the board and swim out of the area immediately.
- j) The manager on duty may restrict certain dives based on safety concerns, running, handstands, back dives, inwards and cartwheels are prohibited.

8) Tennis Regulations.

- a) Tennis etiquette shall be observed at all times.
- b) Suitable tennis attire, including shirts, must be worn while playing. Only tennis shoes are allowed on playing surfaces. Sandals, flip-flops, bare feet, roller-skates, skateboards, roller blades and any other inappropriate footwear is prohibited.
- c) Smoking, food and glass containers are prohibited from the playing surface. Drinks must be in non-breakable containers.
- d) Nets and other equipment are to be used for tennis activities only. Courts and nets are NOT to be used for soccer, hockey or other games.
- e) If players are waiting, playing time is limited to 1 hour for singles and 1-1/2 hours for doubles. Waiting players must remain outside the fenced playing area.
- f) Children 16 years of age and older are considered adult members.
- g) Children under age 16 must relinquish a court to an adult member on weekends, holidays or after 7 PM on weekdays. (EXCEPTION: Children involved in a GBSRC organized tennis event). A child under 16 may play with an adult member at anytime.
- h) Children under the age of 12 are not permitted in the Tennis Pavilion without parental supervision.
- i) Tennis courts must be lit individually. Only the court used for play should be lit.
- j) After normal operating hours, members must turn off court lights and lock all facilities.
- k) Combination locks will provide access to the Club and tennis courts.

9) Parties, Socials and club events. Tennis, Aquatics and Staff Chairpersons will coordinate or designate a person to coordinate events at the Club to minimize the impact to members not participating in events, e.g., parties or socials, and to avoid conflict of events held at the Club.

Policies:

- a) The Facility Manager or any member of the Board of Directors is authorized to attend or visit any function, at any time.
- b) All renters are expected to clean up after themselves, including but not limited to wiping and putting away all tables and chairs, taking all leftover food and beverage items, cleaning counters, taking out the trash, sweeping the floor of any debris, mopping up any spills, and generally returning the facility to its prior state. *Failure to adequately clean the facility will result in GBSRC retaining the appropriate cleaning cost from the security deposit.*
- c) All renters are expected to have the facility returned to its prior state and secured within one hour of the time stated in the Clubhouse Rental Agreement.**
- d) Reservation of the date and time for a private function will not be secured until all fees are paid in advance.
- e) All rental fees are subject to change without notice, at the sole discretion of the GBSRC Board of Directors.

10) Organized Club Parties. An organized Club party is a social event sponsored by the Club. Schedules for parties will be posted at the Club and on the club website. Types of parties include Holiday, Adult and Grade level parties.

- a) Guidelines for volunteers (coordinators) organizing Club parties. Coordinators should make sure that:
 - i) coordinate with the Club Manager to ensure an appropriate number of guards will be scheduled to keep the pool safe and in some instances help with children's activities,

- ii) conflicts with other events, including tennis, are avoided
- iii) an adequate supply of paper products will be available
- iv) the event shall be advertised on the club website to ensure good attendance
- v) additional volunteers may be recruited
- vi) admission fees are discussed with the Club Manager and set to ensure the social budget is maintained
- vii) fees are paid in advance of the party
- viii) Treasurer's instructions regarding expenses, attendance and fees collected are followed.
- ix) Party attendance and all receipts for expenses incurred for the party should be submitted to the Treasurer.
- x) Adult parties are intended for persons who are 21 years old or older.

The rental agreement and the party application can be found on our website, www.gbsrc.org, under Clubhouse.

GBSRC Ladies Luncheon League Guidelines

Amended August 20, 2009

1. Only GBSRC members in good standing (bylaw Article VII, section 7.04, b) shall be allowed to play on the Ladies Luncheon League.
2. Non-members will not be allowed to be considered as substitutes for lunch league even after all member substitute possibilities have been exhausted.
3. Members may only hold one permanent team position per spring or summer season. Members may hold an additional temporary position on another team provided such occupancy of two or more team positions does not prevent another member from joining a team.
4. Members must select their partner from the existing lunch league members. Each team will decide how the partnerships will be arranged on their team.
5. New members who join the club after the season has started shall be placed at the top of the sub list if no slots on a team are available. A member who is holding a temporary position on a team must surrender the slot to the new member.
6. Additional courts will be available for all teams (A, B & C) advancement.
7. Members must notify the team captain of their intention to play three (3) weeks prior to the start of the season to allow time to coordinate the team roster and lunch schedules.
8. All Lunch League teams are to be self supporting. Each team will provide its own lunch. Also, each team will provide its own water, sodas, paper products and balls.
9. Team captains are to be notified of all substitutions prior to the scheduled match. A sub list will be provided to the players by the team captains of all available substitutes.
10. Since GBSRC does not employ personnel to control or provide over-site on the tennis courts, that the "Team Captains" are an extension of the BOD and thus responsible for policing and enforcing the LLL rules and failure to do so may lead to BOD review of all LLL activities. Substitutes shall not play in scheduled matches where the competing club has less than the required courts to play. (Example: Princess Anne only has 5 courts and Great Bridge has 6 courts, one of which is made up of two members and their subs. The two members would play together and the subs would not be needed.)